

26	☐	Titus 3
27	☐	1 John 1
28	REFLECTION	
29	REFLECTION	
30	☐	1 John 2

OCTOBER

DATE	✓	CHAPTER
1	☐	1 John 3
2	☐	1 John 4
3	☐	1 John 5
4	☐	2 John 1
5	REFLECTION	
6	REFLECTION	
7	☐	3 John 1
8	☐	1 Peter 1
9	☐	1 Peter 2
10	☐	1 Peter 3
11	☐	1 Peter 4
12	REFLECTION	
13	REFLECTION	
14	☐	1 Peter 5
15	☐	John 1
16	☐	John 2
17	☐	John 3
18	☐	John 4
19	REFLECTION	
20	REFLECTION	
21	☐	John 5
22	☐	John 6
23	☐	John 7
24	☐	John 8
25	☐	John 9
26	REFLECTION	
27	REFLECTION	
28	☐	John 10
29	☐	John 11
30	☐	John 12
31	☐	John 13

NOVEMBER

DATE	✓	CHAPTER
1	☐	John 14
2	REFLECTION	
3	REFLECTION	

4	☐	John 15
5	☐	John 16
6	☐	John 17
7	☐	John 18
8	☐	John 19
9	REFLECTION	
10	REFLECTION	
11	☐	John 20
12	☐	John 21
13	☐	1 Thess. 1
14	☐	1 Thess. 2
15	☐	1 Thess. 3
16	REFLECTION	
17	REFLECTION	
18	☐	1 Thess. 4
19	☐	1 Thess. 5
20	☐	2 Thess. 1
21	☐	2 Thess. 2
22	☐	2 Thess. 3
23	REFLECTION	
24	REFLECTION	
25	☐	2 Peter 1
26	☐	2 Peter 2
27	☐	2 Peter 3
28	☐	Jude 1
29	☐	Rev. 1
30	REFLECTION	

DECEMBER

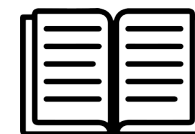
DATE	✓	CHAPTER
1	REFLECTION	
2	☐	Rev. 2
3	☐	Rev. 3
4	☐	Rev. 4
5	☐	Rev. 5
6	☐	Rev. 6
7	REFLECTION	
8	REFLECTION	
9	☐	Rev. 7
10	☐	Rev. 8
11	☐	Rev. 9
12	☐	Rev. 10
13	☐	Rev. 11
14	REFLECTION	
15	REFLECTION	
16	☐	Rev. 12
17	☐	Rev. 13

18	☐	Rev. 14
19	☐	Rev. 15
20	☐	Rev. 16
21	REFLECTION	
22	REFLECTION	
23	☐	Rev. 17
24	☐	Rev. 18
25	☐	Rev. 19
26	☐	Rev. 20
27	☐	Rev. 21
28	REFLECTION	
29	REFLECTION	
30	☐	Rev. 22
31	☐	Psalm 19



2019 Bible Reading Plan

Discipleship
Journal's



5 x 5 x 5

5 minutes a day | If you're not currently reading the Bible, start with 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to keep the story of Jesus fresh all year.

5 days a week | Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have consistent time and a quiet place where you can regularly meet with the Lord.

5 ways to dig deeper | We must pause in our reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. We recommend trying a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

1. Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text. Periodically review your markings to see what God is teaching you.

2. Put it into your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.

3. Ask and answer some questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down some thoughts on how you would answer these questions.

4. Capture the big idea. God's Word communicates big ideas. Periodically ask, *What's the big idea in this sentence, paragraph, or chapter?*

5. Personalize the meaning. When God speaks to us through the Scriptures, we must respond. A helpful habit is personalizing the Bible through application. Ask: *How could my life be different today as I respond to what I'm reading?*

New Testament in a Year

JANUARY

DATE	✓	CHAPTER
1	☐	Mark 1
2	☐	Mark 2
3	☐	Mark 3
4	☐	Mark 4
5	REFLECTION	
6	REFLECTION	
7	☐	Mark 5
8	☐	Mark 6
9	☐	Mark 7
10	☐	Mark 8
11	☐	Mark 9
12	REFLECTION	
13	REFLECTION	
14	☐	Mark 10
15	☐	Mark 11
16	☐	Mark 12
17	☐	Mark 13
18	☐	Mark 14
19	REFLECTION	
20	REFLECTION	
21	☐	Mark 15
22	☐	Mark 16
23	☐	Acts 1
24	☐	Acts 2
25	☐	Acts 3
26	REFLECTION	
27	REFLECTION	
28	☐	Acts 4
29	☐	Acts 5
30	☐	Acts 6
31		Acts 7

FEBRUARY

DATE	✓	CHAPTER
1	☐	Acts 8
2	REFLECTION	
3	REFLECTION	
4	☐	Acts 9
5	☐	Acts 10
6	☐	Acts 11
7	☐	Acts 12
8	☐	Acts 13
9	REFLECTION	
10	REFLECTION	
11	☐	Acts 14
12	☐	Acts 15
13	☐	Acts 16

14	☐	Acts 17
15	☐	Acts 18
16	REFLECTION	
17	REFLECTION	
18	☐	Acts 19
19	☐	Acts 20
20	☐	Acts 21
21	☐	Acts 22
22	☐	Acts 23
23	REFLECTION	
24	REFLECTION	
25	☐	Acts 24
26	☐	Acts 25
27	☐	Acts 26
28	☐	Acts 27

MARCH

DATE	✓	CHAPTER
1	☐	Acts 28
2	REFLECTION	
3	REFLECTION	
4	☐	Heb. 1
5	☐	Heb. 2
6	☐	Heb. 3
7	☐	Heb. 4
8	☐	Heb. 5
9	REFLECTION	
10	REFLECTION	
11	☐	Heb. 6
12	☐	Heb. 7
13	☐	Heb. 8
14	☐	Heb. 9
15	☐	Heb. 10
16	REFLECTION	
17	REFLECTION	
18	☐	Heb. 11
19	☐	Heb. 12
20	☐	Heb. 13
21	☐	Gal. 1
22	☐	Gal. 2
23	REFLECTION	
24	REFLECTION	
25	☐	Gal. 3
26	☐	Gal. 4
27	☐	Gal. 5
28	☐	Gal. 6
29	☐	James 1
30	REFLECTION	
31	REFLECTION	

APRIL

DATE	✓	CHAPTER
1	☐	James 2
2	☐	James 3
3	☐	James 4
4	☐	James 5
5	☐	Matt. 1
6	REFLECTION	
7	REFLECTION	
8	☐	Matt. 2
9	☐	Matt. 3
10	☐	Matt. 4
11	☐	Matt. 5
12	☐	Matt. 6
13	REFLECTION	
14	REFLECTION	
15	☐	Matt. 7
16	☐	Matt. 8
17	☐	Matt. 9
18	☐	Matt. 10
19	☐	Matt. 11
20	REFLECTION	
21	REFLECTION	
22	☐	Matt. 12
23	☐	Matt. 13
24	☐	Matt. 14
25	☐	Matt. 15
26	☐	Matt. 16
27	REFLECTION	
28	REFLECTION	
29	☐	Matt. 17
30	☐	Matt. 18

MAY

DATE	✓	CHAPTER
1	☐	Matt. 19
2	☐	Matt. 20
3	☐	Matt. 21
4	☐	
5	☐	
6	REFLECTION	Matt. 22
7	REFLECTION	Matt. 23
8	☐	Matt. 24
9	☐	Matt. 25
10	☐	Matt. 26
11	REFLECTION	
12	REFLECTION	
13	☐	Matt. 27
14	☐	Matt. 28
15	☐	Romans 1

16	☐	Romans 2
17	☐	Romans 3
18	REFLECTION	
19	REFLECTION	
20	☐	Romans 4
21	☐	Romans 5
22	☐	Romans 6
23	☐	Romans 7
24	☐	Romans 8
25	REFLECTION	
26	REFLECTION	
27	☐	Romans 9
28	☐	Romans 10
29	☐	Romans 11
30	☐	Romans 12
31	☐	Romans 13

JUNE

DATE	✓	CHAPTER
3	☐	Romans 14
4	☐	Romans 15
5	☐	Romans 16
6	☐	Eph. 1
7	☐	Eph. 2
8	REFLECTION	
9	REFLECTION	
10	☐	Eph. 3
11	☐	Eph. 4
12	☐	Eph. 5
13	☐	Eph. 6
14	☐	Phil. 1
15	REFLECTION	
16	REFLECTION	
17	☐	Phil. 2
18	☐	Phil. 3
19	☐	Phil. 4
20	☐	Col. 1
21	☐	Col. 2
22	REFLECTION	
23	REFLECTION	
24	☐	Col. 3
25	☐	Col. 4
26	☐	Philemon 1
27	☐	Luke 1
28	☐	Luke 2
29	REFLECTION	
30	REFLECTION	

Bible Reading Plan

JULY

DATE	✓	CHAPTER
1	☐	Luke 3
2	☐	Luke 4
3	☐	Luke 5
4	☐	Luke 6
5	☐	Luke 7
6	REFLECTION	
7	REFLECTION	
8	☐	Luke 8
9	☐	Luke 9
10	☐	Luke 10
11	☐	Luke 11
12	☐	Luke 12
13	REFLECTION	
14	REFLECTION	
15	☐	Luke 13
16	☐	Luke 14
17	☐	Luke 15
18	☐	Luke 16
19	☐	Luke 17
20	REFLECTION	
21	REFLECTION	
22	☐	Luke 18
23	☐	Luke 19
24	☐	Luke 20
25	☐	Luke 21
26	☐	Luke 22
27	REFLECTION	
28	REFLECTION	
29	☐	Luke 23
30	☐	Luke 24
31	☐	1 Cor. 1

AUGUST

DATE	✓	CHAPTER
1	☐	1 Cor. 2
2	☐	1 Cor. 3
3	REFLECTION	
4	REFLECTION	
5	☐	1 Cor. 4
6	☐	1 Cor. 5
7	☐	1 Cor. 6
8	☐	1 Cor. 7
9	☐	1 Cor. 8
10	REFLECTION	
11	REFLECTION	

12	☐	1 Cor. 9
13	☐	1 Cor. 10
14	☐	1 Cor. 11
15	☐	1 Cor. 12
16	☐	1 Cor. 13
17	REFLECTION	
18	REFLECTION	
19	☐	1 Cor. 14
20	☐	1 Cor. 15
21	☐	1 Cor. 16
22	☐	2 Cor. 1
23	☐	2 Cor. 2
24	REFLECTION	
25	REFLECTION	
26	☐	2 Cor. 3
27	☐	2 Cor. 4
28	☐	2 Cor. 5
29	☐	2 Cor. 6
30	☐	2 Cor. 7
31	REFLECTION	

SEPTEMBER

DATE	✓	CHAPTER
1	REFLECTION	
2	☐	2 Cor. 8
3	☐	2 Cor. 9
4	☐	2 Cor. 10
5	☐	2 Cor. 11
6	☐	2 Cor. 12
7	REFLECTION	
8	REFLECTION	
9	☐	2 Cor. 13
10	☐	1 Tim. 1
11	☐	1 Tim. 2
12	☐	1 Tim. 3
13	☐	1 Tim. 4
14	REFLECTION	
15	REFLECTION	
16	☐	1 Tim. 5
17	☐	1 Tim. 6
18	☐	2 Tim. 1
19	☐	2 Tim. 2
20	☐	2 Tim. 3
21	REFLECTION	
22	REFLECTION	
23	☐	2 Tim. 4
24	☐	Titus 1
25	☐	Titus 2